



CROATIA

Get Lost in the Adriatic! The Most Unusual Yoga Tour

8-day Adriatic Islands-hopping Cruise & Yoga Exercise Tour

Guaranteed Tour Departures in 2012

Departures from Dubrovnik, Croatia every Sunday starting May 6, 2012.

PRICES: From USD 1,995 per person



The ideal way to see some of the most beautiful towns and islands of Adriatic and enjoy an active vacation.

Cruising with luxury ships along the magnificent Southern Dalmatian coastline & islands and enjoying an active vacation at the same time. For this trip all you will need is your yoga outfit, a few T-shirts and a swimming suit to spend seven unforgettable days cruising on the southern Adriatic Sea from one island to another. Relax and let the captain and his crew (especially the cook) take care of you. During the day besides 3 yoga sessions, you can swim, snorkel, sunbathe, and explore the under-world of the Adriatic Sea. The evenings you have free to explore local Dalmatian healthy cuisine consisting of fresh sea catch and organically grown vegetables or discover centuries old history and culture of this fascinating corner of the world.

All cabins with private baths and showers on our air-conditioned yachts and gulleys with maximum of 40 guests. We provide professional yoga instructors on all yoga designated cruises as well as yoga mats. Daily sailings to different islands in the Adriatic. Many yoga session in open air environment, in lavender fields, vineyards, beaches etc. Lots of activities for “non-yoga” guests as well; swimming, sightseeing, walking, cycling, snorkeling, scuba-diving and lots of fun for everyone.

Call for details 310-428-1343 OR 800-848-3611

ITINERARY

DUBROVNIK - KORČULA – HVAR – TRSTENIK – MLJET – SIPAN – DUBROVNIK



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SUNDAY DUBROVNIK

Embarkation from 13.00 h onwards (GRUZ harbor) with dinner as first meal. Due to many different flight arrivals of all participants first overnight is planned in Dubrovnik. The special charm of this old city are the buildings that have remained from the time of the old Dubrovnik Republic. A larger part of the monuments of history and culture belong to the fine but modest Renaissance architecture with some traces of the Gothic style. Use the afternoon to explore the city walls and plan what to do your last night on the cruise when we return to this wonderful city.

MONDAY DUBROVNIK - KORCULA

During breakfast departure for Korcula, the birthplace of MARCO POLO. Lunch on board in front of Lumbarda (part of Korcula). Arrival to Korcula in the afternoon where everyone is free to do their own sightseeing. On this island you can find more legends, tales and monuments than anywhere else. Listen to the story of the stone walls, which were being built for over two centuries. Overnight in port.

TUESDAY KORCULA – HVAR

Early in the morning we depart towards the little island Scedro where we will have enough time to relax and refresh in the clean, crystal blue sea. Departure for Hvar after lunch. Hvar is the longest island in the Adriatic. Here we can find the Renaissance cathedral with its original tower; also the oldest community theatre in Europe was founded here in 1612. City of Hvar offers plenty of restaurants, bars and cafes that are open long into the night. Hvar is often referred to as the sunshine island.

WEDNESDAY HVAR – TRSTENIK

We have to leave Hvar and continue our cruise towards the little town of Trstenik on Peljesac peninsula, where we will swim in the afternoon and spend the night. TRSTENIK, a village and harbour in the central part of the southern coast of the island of Peljesac; population 106. Chief occupations include farming, viniculture (the famous Dingac wine), fishing and tourism. The coastline along the town and the neighbouring inlets is covered by groves of pine, offering fine ambience for swimming. The famous Grgic winery is situated here – have a walk and taste some of their lovely wine!

THURSDAY TRSTENIK - MLJET

We continue our journey after breakfast towards the island and national park Mljet. The whole afternoon is free to look at the salt lakes in National Park and enjoy the sun and sea on this peaceful island. Overnight in port Polaca/Pomena. In the middle of the large lake, inside the National park, one can visit an old abbey and church, or just use a small boat to roam around the National park. Here you can rent bicycles and cycle around the lakes.

FRIDAY MLJET - SIPAN

Early in the morning we continue our trip towards the Elafiti islands. ELAFITI are a group of islands placed in the Adriatic Sea west of Dubrovnik. The biggest is Sipan, and to the group belong also Lopud and Koločep (Kalamota). They attract many tourists with their beautiful scenery and sandy beaches. Swimming and lunch planned at one of the smaller Elafiti islands. ŠIPAN, where our overnight is planned, is the biggest island of Elafiti, and also the most distant from Dubrovnik.

SATURDAY SIPAN - DUBROVNIK

Early departure for Dubrovnik with breakfast on route. Enjoy the beautiful sights of nature along the way towards “the heaven on earth” –according to the famous writer George Bernard Shaw. We will arrive in Dubrovnik around 2 p.m. and have the rest of the day free to explore Dubrovnik or go for a swim or simply join an optional bus excursion to Montenegro. You can explore Dubrovnik on your own or first join our guided tour of Dubrovnik with an English speaking guide. Take a walk through STRADUN – both a street and a square, a promenade inside the city walls. For those of you with more enthusiasm we recommend a walk on top of the 1940m long city walls! Today’s meal will be dinner. Overnight in the GRUZ port of this magical town.

SUNDAY DUBROVNIK

After early breakfast we say goodbye to the crew and all your new friends!

DEPARTURE DATES AND PRICING Prices per person for 8 day sailing & cycling

SAILING DATES	LOWER	UPPER
SUNDAY TO SUNDAY	DECK	DECK
May 6	1,995	2,155
May 13	2055	2,195
May 20	2195	2,355
May 27	2255	2,395
June 3	2295	2,455
June 10, 17, 24	2355	2,495
July 1, 8, 15, 22, 29	2395	2,655
August 4, 11, 18, 25	2395	2,655
September 2, 9, 16	2395	2,655
September 23, 30	2355	2,495
7-Oct	2195	2,395
21-Oct	1995	2,155
Single Supplement	60%	
Port Taxes	US\$113.50	
Extra bed in Cabin	60%	

Discounts:

- Four (4) or more passengers departing together in JUN, JUL & AUG: \$100 pp
- Third person in room (triple): Discount \$150
- Children up to 12 years: Discount \$450
- Groups of 16 or more traveling together: 25% off per person of applicable rate plus one travels FREE**
- Booking and paying 6 months in advance: \$100
- Special discount for yoga instructors

** FREE ticket is responsible for payment of VAT taxes of 14.5%, Port charges of \$113.50, air to/from embarkation points.

Included in your tour package:

- Seven (7) night cruise o/b A/C yacht/gullet with choices of cabins on upper or lower deck
- Daily breakfast and lunch o/b yacht/gullet
- English-speaking guide throughout tour
- Welcome dinner and drink
- Yoga mat rental
- Yoga instructions by professional instructor
- 1.5L bottled water daily
- VAT taxes

Not Included:

- Airfare to/from Croatia
- Transfers to and from airports, embarkation/disembarkation points and docks in marinas
- Hotel accommodation pre and post tour
- Personal expenses, alcoholic beverages on yacht during cruise unless otherwise specified
- Customary gratitude/tips to your guides and crew
- Meals other than those specified in tour
- Travel Guard: Travel interruption, Travel cancelation or Medical Emergency Evacuation insurance (highly recommended-please inquire!)

Optional:

- Airfares from any point in the world to Croatia possible to arrange
- Hotel (4*) accommodation in Split pre and post tour: \$159 (\$110 Euros) per person/per night (based on DBL)
- RT Transfers from Airport to Split hotel and marinas: \$125 per person including bikes and baggage
- Private tour guide in major ports of call: \$85 pp
- Whitewater rafting excursion in Makarska (Cetina River): \$150 pp (includes transfer to/from river)

Notes:

- Prices quoted here are per person in US Dollars based on double occupancy
- Deposit of \$250 at the time of booking and balance must be made 60 prior to departure
- FREE ticket is for land arrangements only and does not qualify for free air
- No discount on discount



Tour and Flights Operations Center

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http://www.uts-travel.com/itinerary_Dalmatian_Island_Hopping_2012.pdf

UTS is associate member of **USTOA, ASTA, PATA, SKAL**

Celebrating our 40th anniversary